

In 2023, 9,400 'elves' took part in our Elf Run and raised an INCREDIBLE £37,000!

This year, we want to reach an even bigger total but need your help to do it. Elf Run is open to everyone - children and adults alike. When and where you complete the run is up to you and the distance can be chosen to suit your team's abilities. All sponsorship raised for Elf Run will go towards supporting Barnsley Hospice and the specialist care and services we provide to local people and their families when they need it most.

Want to get involved? Here's what you need to do...

- 1 Register your interest on our website and tell us how many 'elves' are running.
- We'll provide a FREE Elf Hat to everyone taking part to wear on the run.
- 3 Pick a date for the run and plan your route the distance is up to you.
- Print out a sponsor form or set up a JustGiving page to collect donations.
- 5 Complete your Elf Run, have fun and make a difference to Barnsley Hospice!

