

# The bereavement support service at Barnsley Hospice



Support for families and friends.

For more information please visit www.barnsleyhospice.org

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## How can bereavement support help

We provide a safe and confidential environment where you can talk about your bereavement.

When someone close to you dies you may experience a range of feelings which will be very unique and individual to you. The way you experience your grief will depend on many factors, including the relationship you shared with the person who has died or the circumstances surrounding their death. Although grief is a normal human reaction to loss, it may also be difficult to understand the depth or difficulty of your feelings

# The support we provide

We offer one to one bereavement support. Our in-person appointments take place in our counselling suites at the hospice, but we also offer telephone appointments for those who prefer this option.

# Who can access bereavement support at the hospice

Our bereavement support service is available for the family and friends of people who died from a life-limiting illness and had specialist palliative care needs. The service is available for children aged 5 to 18 and adults aged 18 or over.



# How to access support

You can self-refer to our bereavement support service by calling us on **01226 244 244**.

## **Our counsellors**

Our specialist palliative care counsellors are registered members of the British Association for Counselling and Psychotherapy (BACP) and work to BACP ethical and professional standards for good practice.

# Contact us 01226 244 244 ext. 267/238 www.barnsleyhospice.org

Barnsley Hospice, 104-106 Church Street, Gawber, Barnsley, S75 2RL

