

# The Orangery at Barnsley Hospice

Our support and wellbeing service for people living with a life-limiting illness

For more information please visit www.barnsleyhospice.org/the-orangery

## The Orangery

at Barnsley Hospice

"I tell my friends and family that I look forward to coming to the hospice, and some don't understand it, but when I'm here, I feel more relaxed than I have ever been. Everything they do feels completely tailored to me, which is just lovely."



The Orangery is our dedicated support and wellbeing service at Barnsley Hospice, led by a team of experienced complementary and wellbeing therapists and support workers.

We offer practical support and advice to help people cope with the symptoms of their life-limiting illness, and live as well as possible. We tailor our care to each individual, and support is available in-person and over the telephone.

The tranquil space opens out onto its own garden and free parking is available.

### The support we provide

**Complementary therapies** such as massage, reflexology and aromatherapy to aid relaxation and help relieve symptoms.

**Support groups** to help you develop a self-help toolkit to cope with symptoms such as breathlessness, fatigue or anxiety, whether these conditions are current or anticipated.

**Opportiunities to meet others** to chat and share mutual support and experience.









#### Who can access The Orangery

Adults who have been diagnosed with an active, progressive life-limiting illness can access our services. Friends and family can also access parts of the support and wellbeing service. **You must be registered with a Barnsley GP.** 

#### How to access support

Any GP or healthcare professional involved in your care can make a referral to The Orangery.

If you are a family member or friend, please call **01226 244 244** and ask to speak to a member of The Orangery team.

#### **Contact us**

01226 244244 ext 225

www.barnsleyhospice.org

The Orangery, Barnsley Hospice, Church Street, Gawber, Barnsley, S75 2RL









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